

# Greensboro At Home Arts & Creativity Guide



A partnership of Creative Greensboro and ArtsGreensboro, helping you stay connected with our local arts and culture community while at home! Published Monday to Friday afternoon on our social media channels.



[Click here to submit your own virtual program.](#)

Presenter's Name	Name of Virtual Experience	Short Description	When to Access	Age(s) Intended For	Webpage or URL Link for Content
Greensboro Public Library	Cuentos en Español	¡Vengan y disfruten unos cuentos en español! (Come and enjoy some stories in Spanish!)	Tuesday, August 11th; 10:30am	0-5 yrs	<a href="https://www.facebook.com/events/797208050770343/?event_time_id=797208130770335">https://www.facebook.com/events/797208050770343/?event_time_id=797208130770335</a>
Greensboro Public Library	Online Storytime with Miss Marya	Preschoolers will practice counting Five Teddy Bears and explore weather with a flannel story based on the book Bear in Sunshine with Marya Ryals.	Tuesday, August 11th; 10:30am	Youth	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69821/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69821/5186</a>
Zumbini with Velmy	Free Zumba Virtual Class	Join Zumba Instructor, Velmy Liz Trinidad, for a free Zumba class via Zoom.	Tuesday, August 11th; 11:00am	Adults	<a href="https://www.facebook.com/events/648694985738682/">https://www.facebook.com/events/648694985738682/</a>
Greensboro History Museum	Teaching Controversial History: A Webinar for Educators	Dr. Allison Fredette teaches in the History Education Program at Appalachian State University. In this webinar, she will equip educators and instructors to teach difficult subjects such as slavery, racism and violence.	Tuesday, August 11th; 11:00am	Adults	<a href="https://www.facebook.com/events/302209097829484/">https://www.facebook.com/events/302209097829484/</a>
Dance Project	Parkinson's Dance Class	Led by Dylan Reddish, this class incorporates physical exercise, cognitive tasks, sensory experience, emotional expression and social interaction. This dance method relies on improvisational verbal auditory cues with less emphasis on directed movement instruction.	Tuesday, August 11th; 1:00pm	Adults	<a href="https://www.facebook.com/events/575874633095855">https://www.facebook.com/events/575874633095855</a>
City of Greensboro	Food Task Force Community Connection Forum	The City of Greensboro Community Food Task Force will host four Community Connection Forums in 2020. Each will consist of a presentation from one partner organization or panel discussion on a timely topic followed by a share session.	Tuesday, August 11th; 2:00pm	All ages	<a href="https://www.facebook.com/events/486790321975789/?event_time_id=486790335309121">https://www.facebook.com/events/486790321975789/?event_time_id=486790335309121</a>
Greensboro Public Library	Painting Tips for Teens	Painting is great for creative self-expression. Teens will learn about simple items to use for painting at home	Tuesday, August 11th; 3:00pm	Teens	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69919/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69919/5186</a>
Spring Theatre	Spring Theatre's Online Acting Club	A weekly venue for actors who wish to work on and improve their acting abilities in a collaborative online group setting.	Tuesday, August 11th; 5:00pm	Ages 12-19	<a href="https://www.facebook.com/events/706922603204677">https://www.facebook.com/events/706922603204677</a>

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synerG	August On Tap	synerG and the Greensboro Jaycees invite you to enjoy complimentary access to the driving range and short course at Greensboro's Gillespie Golf Course. Players of all abilities and non-players are welcome to register.	Tuesday, August 11th; 5:30pm	Adults	<a href="https://www.facebook.com/events/293549261922423/">https://www.facebook.com/events/293549261922423/</a>
Downtown Greenway Greensboro	Free Functional Strength Outdoor Fitness Class	Join us for FREE Fitness on the Downtown Greenway at Morehead Park. This Week is Functional Strength with Kristi Wallace of the Bryan Family YMCA. We will practice social distancing & please wear a mask. Outdoor groups are limited to 25—so get there early to get your spot!	Tuesday, August 11th; 6:00pm	Adults	<a href="https://www.facebook.com/events/938337119981349/">https://www.facebook.com/events/938337119981349/</a>
Rise and Flow	Power in Yoga (Virtual + LIVE)	A yoga flow inspired by movement and intention. Flow with power within ourselves and power within our movement. All levels welcome.	Tuesday, August 11th; 6:00pm	Adults	<a href="https://www.riseandflowllc.com/classes">https://www.riseandflowllc.com/classes</a>
Dance Project	Modern III/IV	An intermediate/advanced level modern class hosted live via Zoom.	Tuesday, August 11th; 6:15pm	Adults	<a href="https://www.facebook.com/events/729237537841310">https://www.facebook.com/events/729237537841310</a>
Greensboro Public Library	The Hate U Give Book Discussion	Join us for a discussion of the book, The Hate You Give by Angie Thomas.	Tuesday, August 11th; 7:00pm	Teens	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70222/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70222/5186</a>
Dance Project	Jazz III/IV	A intermediate/advanced jazz class hosted live via Zoom.	Tuesday, August 11th; 7:30pm	Adults	<a href="https://www.facebook.com/events/965838023838213">https://www.facebook.com/events/965838023838213</a>
Greensboro Farmers Curb Market	"GFM 2 GO" Drive-Thru Market	The Greensboro Farmers Curb Market is staying "Curbside" with their drive-thru market. This market provides for "low-contact purchases" where you can buy fresh, local, and healthy foods by ordering and paying in advance with participating Market vendors.	Wednesday, August 12th; 8:00am	Adults	<a href="https://www.facebook.com/events/850719135450460">https://www.facebook.com/events/850719135450460</a>
North Carolina Zoo	Zoo EDventures Online Series - Facebook Live	TBD	Wednesday, August 12th; 10:00am	All ages	<a href="https://www.facebook.com/events/616849909240884">https://www.facebook.com/events/616849909240884</a>

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Action Greensboro	Zoom Survival Guide with Katie Marshall	Join Katie Marshall as she helps us survive Zoom calls! During the session Katie will focus on presenting as a team leader to a group, actually getting work done in Zoom calls, navigating Zoom issues and non-verbal communication tips.	Wednesday, August 12th; 12:00pm	Adults	<a href="https://www.facebook.com/events/744620669636950/">https://www.facebook.com/events/744620669636950/</a>
Greensboro Public Library	Virtual Crafts with Miss Marya	Use your imagination plus cereal boxes, yogurt cups and more to construct the castle of your dreams with Marya Ryals. Add a paper towel tube tower or an egg carton battlement.	Wednesday, August 12th; 3:00pm	Youth	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69827/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69827/5186</a>
Dance Project	Contemporary Ballet III/IV	An intermediate/advanced level contemporary ballet class hosted live via Zoom.	Wednesday, August 12th; 6:15pm	Adults	<a href="https://www.facebook.com/events/266861974601275">https://www.facebook.com/events/266861974601275</a>
Zumbini with Velmy	Zumab Time	Join Zumba Instructor, Velmy Liz Trinidad, for a free Zumba class via Zoom. Donations welcome.	Wednesday, August 12th; 6:30pm	Adults	<a href="https://www.facebook.com/events/3633419826687242/">https://www.facebook.com/events/3633419826687242/</a>
Triad Stage Learning Program	Curious Reading: The Goodnight Edition	Reading aloud picture books for the young and the young at heart!	Wednesday, August 12th; 7:00pm	Youth	<a href="https://www.facebook.com/TriadStageLearningProgram/">https://www.facebook.com/TriadStageLearningProgram/</a>
Dance Project	Jazz I/II	A beginning/intermediate jazz class hosted live via Zoom.	Wednesday, August 12th; 7:30pm	Adults	<a href="https://www.facebook.com/events/3643825168978318">https://www.facebook.com/events/3643825168978318</a>
Greensboro Public Library	Online Storytime with Kelly Proudfit	Preschoolers can watch a book read aloud by Kelly Proudfit. Today's book is Panda Bear, Panda Bear, What Do You See? written by Bill Martin, Jr. and illustrated by Eric Carle.	Thursday, August 13th; 10:30am	Youth	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69783/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/69783/5186</a>
Greensboro Public Library	Imagine Your Story Being Published	Join us for a special Benjamin Bards Workshop in which we learn about what it takes to become a published writer. This online workshop will be facilitated by poet and managing editor, Melissa Hassard.	Thursday, August 13th; 4:00pm	Adults	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70225/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70225/5186</a>

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Dance Project	Ballet I/II	A beginning/intermediate ballet class hosted live via Zoom.	Thursday, August 13th; 5:15pm	Adults	<a href="https://www.facebook.com/events/297527368265054">https://www.facebook.com/events/297527368265054</a>
Guilford Green Foundation & LGBTQ Center	Rainbow Yoga for EveryBODY	Come experience the power of self-love and self-discovery through a unique transformational yoga approach. We will move through a body-positive, mental health focused flow for all levels and abilities to help you bring out your own potential and attract the energy you need.	Thursday, August 13th; 6:00pm	Adults	<a href="https://www.facebook.com/events/2823188054435251/?event_time_id=2985825384838183">https://www.facebook.com/events/2823188054435251/?event_time_id=2985825384838183</a>
Rise and Flow	Explore in Yoga (Virtual + LIVE)	A yoga flow catering to the foundations and basics of yoga. If you are new to yoga or would like to refine your practice, this is the class for you. Enjoy an hour of stretch, strength and safe technique.	Thursday, August 13th; 6:00pm	Adults	<a href="https://www.riseandflowllc.com/classes">https://www.riseandflowllc.com/classes</a>
Dance Project	Modern I/II	A beginning/intermediate modern class hosted live via Zoom.	Thursday, August 13th; 6:30pm	Adults	<a href="https://www.facebook.com/events/2747990195420929">https://www.facebook.com/events/2747990195420929</a>
Zumbini with Velmy	Bonus Zumba Class	Join Zumba Instructor, Velmy Liz Trinidad, for a free Zumba class via Zoom. Donations are welcome.	Thursday, August 13th; 6:30pm	Adults	<a href="https://www.facebook.com/events/322236252246036/">https://www.facebook.com/events/322236252246036/</a>
Dance Project	Tap III/IV	An intermediate/advanced level tap class hosted live via Zoom.	Thursday, August 13th; 7:45pm	Adults	<a href="https://www.facebook.com/events/988976961519833">https://www.facebook.com/events/988976961519833</a>
Greensboro Public Library	Online Storytime with Miss Barbara	Enjoy an online reading of Book-O-Hats: A Wearable Book by Donald Lemke with Barbara Moss.	Friday, August 14th; 10:30am	Youth	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70011/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70011/5186</a>
Rise and Flow	Rest in Yoga (Virtual + LIVE)	A yoga flow reflecting the need to rest, breathe and be present. With a huge emphasis on rest. Hold postures for 5-7 minutes with the support of many props. A relaxing yoga flow for beginners and all levels. We encourage you to be as comfy as possible.	Friday, August 14th; 6:00pm	Adults	<a href="https://www.riseandflowllc.com/classes">https://www.riseandflowllc.com/classes</a>

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Zumbini with Velmy	Zumba Time	Join Zumba Instructor, Velmy Liz Trinidad, for a free Zumba class via Zoom. Donations are welcome.	Friday, August 14th; 6:30pm	Adults	<a href="https://www.facebook.com/events/310077027111768/">https://www.facebook.com/events/310077027111768/</a>
Community Theatre of Greensboro	Paint-N-Sip: Ladies Night!	Release your inner artist, while enjoying a delicious glass of wine for a ladies night! CTG is happy to offer this fun-filled artistic event. Each ticket includes all artistic materials, as well as one glass of wine! We will also have a cash bar available if you would like to purchase additional glasses.	Friday, August 14th; 7:00pm	Adults	<a href="https://www.facebook.com/events/299116041504517/">https://www.facebook.com/events/299116041504517/</a>
Dance Project	Afro-Contemporary	A beginning/intermediate Afro-contemporary class hosted live via Zoom.	Saturday, August 15th; 1:00pm	Ages 13 & up	<a href="https://www.facebook.com/events/703302253781422">https://www.facebook.com/events/703302253781422</a>
Greensboro Public Library	African American Book Club	This club meets monthly to discuss African American literature. From classic to contemporary authors, from fiction to non-fiction, this open discussion aims to celebrate, explore, and understand African American books that have shaped cultures, entertained readers, and informed societies.	Saturday, August 15th; 2:00pm	Adults	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70234/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70234/5186</a>
Healing Vibes by Lana	Soulful Sunday	Join Lana for a soulful, slow to flowy virtual yoga class.	Sunday, August 16th; 10:00am	Adults	<a href="https://healingvibesbylana.com/yoga-schedule/">https://healingvibesbylana.com/yoga-schedule/</a>
Creative Greensboro	MUSEP Concert - Gate City Divas and Doby	Join us for music by Gate City Divas (blues, r&b) and Doby (funk, jazz) live from Latham Park or live-streamed; final decision will be posted at least two weeks before the event. MUSEP concerts are free but donations are appreciated to help sustain the series.	Sunday, August 16th; 6:00pm	All ages	<a href="https://www.facebook.com/events/248978072977955/">https://www.facebook.com/events/248978072977955/</a>
<b>Programs below can be viewed at anytime</b>					
Art Alliance of Greensboro	Virtual Art Lessons	Join the instructors of Art Alliance as they present art lessons. Using Zoom as our platform we present weekly lessons in ceramics and fine arts.	Anytime	All ages	<a href="https://artalliancego.org/">https://artalliancego.org/</a>

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Bensound Studios	"It all will get better"	Original Song, written by Josette Tejan-Cole. Created by Bensound Studios.	Anytime	All ages	<a href="https://youtu.be/P4qHmlOoi6Y">https://youtu.be/P4qHmlOoi6Y</a>
Center for Visual Artists	#MaggieMondays	Every Monday we offer a creative prompt for you based on the subject matter Maggie explored in her work.	Anytime	All ages	<a href="https://www.greensboroart.org/">https://www.greensboroart.org/</a>
Center for Visual Artists	2020 Summer Camp	Small in person art camps following strict CDC guidelines we will be opening on July 13. Register today at Greensboroart.org	Anytime	All ages	<a href="https://www.greensboroart.org/summer-art-camp">https://www.greensboroart.org/summer-art-camp</a>
Creative Aging Agency	CAN Virtual Exhibition	Enjoy acrylic paintings by CAN-NC Board Chair and self-proclaimed "citizen artist" Nancy Lenk.	Anytime	All ages	<a href="https://youtu.be/-LxtFOZBTnc">https://youtu.be/-LxtFOZBTnc</a>
GreenHill	Virtual GreenHill	Engage in art-making at home and connect to our amazing community of North Carolina creators through Virtual GreenHill.	Anytime	All ages	<a href="https://www.greenhillinc.org/virtual-greenhill">https://www.greenhillinc.org/virtual-greenhill</a>
Greensboro Ballet	Dance Classes	Greensboro Ballet is offering various dance classes (Jazz, etc.) on its YouTube channel. Subscribe as they will be adding new classes!	Anytime	All ages	<a href="https://www.youtube.com/channel/UCGAduixQAS-StKWS8dwnW1A">https://www.youtube.com/channel/UCGAduixQAS-StKWS8dwnW1A</a>
Greensboro Downtown Parks	Online Workout/Dance Classes	Downtown parks created a blog for interactive videos. Topics include dance classes in several genres, exercise sessions, dog training, yoga classes, health classes and more.	Anytime	All ages	<a href="https://www.greensborodowntownparks.org/blog">https://www.greensborodowntownparks.org/blog</a>
Greensboro Public Library	Virtual Art Exhibit for Teens	Artists in grades 6-12 are invited to share your creative work with our community. We want to see your painting, sculptures, drawings, and more. Let your creativity shine.	Anytime	Grades 6-12	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70016/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70016/5186</a>
Mood Swingz	Live Oldies music (part 1)	We are performing a selection from the 50's and 60's for Retirement centers.	Anytime	All ages	<a href="https://www.youtube.com/watch?v=f9Ngj3oe2-A">https://www.youtube.com/watch?v=f9Ngj3oe2-A</a>

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Mood Swingz	Live Oldies music (part 2)	We are performing a selection from the 50's and 60's for Retirement centers.	Anytime	All ages	<a href="https://www.youtube.com/watch?v=9APDDO2uc5o&amp;feature=youtu.be">https://www.youtube.com/watch?v=9APDDO2uc5o&amp;feature=youtu.be</a>
Music for a Great Space	Performances in Your Home - Jazz Piano, Bass, Saxophone, and Drumset	MGS commissioned our artists to present short performances in your home! These educational videos are meant for children and adults alike.	Anytime	All ages	<a href="http://www.musicforagreatspace.org/education">http://www.musicforagreatspace.org/education</a>
Royal Expressions Contemporary Ballet	Digital Dance Experience	Move and express with the Digital Dance Experience for ages 2 - adult. Classes, choreography, and fitness. (Paid program)	Anytime	All ages	<a href="https://royal-expressions.teachable.com/">https://royal-expressions.teachable.com/</a>
Shared Radiance Performing Arts Company	The Social Distancing Home Video Series	Shared Radiance actors, musicians and singers producing home video of monologues, scenes, and other features.	Anytime	All ages	<a href="https://www.youtube.com/channel/UCb9hOgQSAKGU9ijGAV8OoxA?view_as=subscriber">https://www.youtube.com/channel/UCb9hOgQSAKGU9ijGAV8OoxA?view_as=subscriber</a>
Theatre Art Galleries	TAG Teaches Online	Theatre Art Galleries (TAG) offers online art lessons for children & adults to enjoy from home. Daily Doodle & Daily Sketchbook activities posted M-F.	Anytime	All ages	<a href="http://tagart.org/">http://tagart.org/</a>
Triad Stage Learning Program	Jammin' Geometry: How to Make an Icosahedron	In this arts integration lesson you make your own Icosahedron with straws & fishing line. Craft your way to an understanding of patterns and geometry!	Anytime	Youth	<a href="https://youtu.be/GXDH0uWJxjo">https://youtu.be/GXDH0uWJxjo</a>
Triad Stage Learning Program	Puppetry Performance: Breath	A great hands on introduction to performing puppetry! You'll want a handkerchief or other pieces of fabric to create your puppets.	Anytime	Teens	<a href="https://www.youtube.com/watch?v=3LiLDeK1J2c&amp;t=510s">https://www.youtube.com/watch?v=3LiLDeK1J2c&amp;t=510s</a>
Triad Stage Learning Program	Playwriting for the Middle Grades	A series of workshops where students will develop playwriting skills to communicate conflict, plot, and character. Grades 4-8.	Anytime	Youth	<a href="https://www.youtube.com/playlist?list=PLliqY6QFzklscNgbncSdaGpaOJUD77fci">https://www.youtube.com/playlist?list=PLliqY6QFzklscNgbncSdaGpaOJUD77fci</a>
YMCA Camp Weaver	Blacksmithing 101	Join YMCA Camp Weaver's Program Director, Ryan Carr as he teaches the basic terminology of blacksmithing and demonstrates making a metal hook.	Anytime	All ages	<a href="https://youtu.be/0L9wB4JykXo">https://youtu.be/0L9wB4JykXo</a>