

# Greensboro At Home Arts & Creativity Guide



A partnership of Creative Greensboro and ArtsGreensboro, helping you stay connected with our local arts and culture community while at home! Published Monday to Friday afternoon on our social media channels.



[Click here to submit your own virtual program.](#)

Presenter's Name	Name of Virtual Experience	Short Description	When to Access	Age(s) Intended For	Webpage or URL Link for Content
Greensboro Public Library	Online Storytime with Miss Barbara	Enjoy an online reading of Book-O-Hats: A Wearable Book by Donald Lemke with Barbara Moss.	Friday, August 14th; 10:30am	Youth	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70011/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70011/5186</a>
Rise and Flow	Rest in Yoga (Virtual + LIVE)	A yoga flow reflecting the need to rest, breathe and be present. With a huge emphasis on rest. Hold postures for 5-7 minutes with the support of many props. A relaxing yoga flow for beginners and all levels. We encourage you to be as comfy as possible.	Friday, August 14th; 6:00pm	Adults	<a href="https://www.riseandflowllc.com/classes">https://www.riseandflowllc.com/classes</a>
Zumbini with Velmy	Zumba Time	Join Zumba Instructor, Velmy Liz Trinidad, for a free Zumba class via Zoom. Donations are welcome.	Friday, August 14th; 6:30pm	Adults	<a href="https://www.facebook.com/events/310077027111768/">https://www.facebook.com/events/310077027111768/</a>
Community Theatre of Greensboro	Paint-N-Sip: Ladies Night!	Release your inner artist, while enjoying a delicious glass of wine for a ladies night! CTG is happy to offer this fun-filled artistic event. Each ticket includes all artistic materials, as well as one glass of wine! We will also have a cash bar available if you would like to purchase additional glasses.	Friday, August 14th; 7:00pm	Adults	<a href="https://www.facebook.com/events/299116041504517/">https://www.facebook.com/events/299116041504517/</a>
Dance Project	Afro-Contemporary	A beginning/intermediate Afro-contemporary class hosted live via Zoom.	Saturday, August 15th; 1:00pm	Ages 13 & up	<a href="https://www.facebook.com/events/703302253781422">https://www.facebook.com/events/703302253781422</a>
Greensboro Public Library	African American Book Club	This club meets monthly to discuss African American literature. From classic to contemporary authors, from fiction to non-fiction, this open discussion aims to celebrate, explore, and understand African American books that have shaped cultures, entertained readers, and informed societies.	Saturday, August 15th; 2:00pm	Adults	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70234/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70234/5186</a>
Healing Vibes by Lana	Soulful Sunday	Join Lana for a soulful, slow to flowy virtual yoga class.	Sunday, August 16th; 10:00am	Adults	<a href="https://healingvibesbylana.com/yoga-schedule/">https://healingvibesbylana.com/yoga-schedule/</a>

# Greensboro At Home Arts & Creativity Guide



A partnership of Creative Greensboro and ArtsGreensboro, helping you stay connected with our local arts and culture community while at home! Published Monday to Friday afternoon on our social media channels.



[Click here to submit your own virtual program.](#)

Presenter's Name	Name of Virtual Experience	Short Description	When to Access	Age(s) Intended For	Webpage or URL Link for Content
Creative Greensboro	MUSEP Concert - Gate City Divas and Doby	Join us for music by Gate City Divas (blues, r&b) and Doby (funk, jazz) live from Latham Park or live-streamed; final decision will be posted at least two weeks before the event. MUSEP concerts are free but donations are appreciated to help sustain the series.	Sunday, August 16th; 6:00pm	All ages	<a href="https://www.facebook.com/events/248978072977955/">https://www.facebook.com/events/248978072977955/</a>
<b>Programs below can be viewed at anytime</b>					
Art Alliance of Greensboro	Vitual Art Lessons	Join the instructors of Art Alliance as they present art lessons. Using Zoom as our platform we present weekly lessons in ceramics and fine arts.	Anytime	All ages	<a href="https://artalliancegso.org/">https://artalliancegso.org/</a>
Bensound Studios	"It all will get better"	Original Song, written by Josette Tejan-Cole. Created by Bensound Studios.	Anytime	All ages	<a href="https://youtu.be/P4qHmlOoi6Y">https://youtu.be/P4qHmlOoi6Y</a>
Center for Visual Artists	#MaggieMondays	Every Monday we offer a creative prompt for you based on the subject matter Maggie explored in her work.	Anytime	All ages	<a href="https://www.greensboroart.org/">https://www.greensboroart.org/</a>
Center for Visual Artists	2020 Summer Camp	Small in person art camps following strict CDC guidelines we will be opening on July 13. Register today at Greensboroart.org	Anytime	All ages	<a href="https://www.greensboroart.org/summer-art-camp">https://www.greensboroart.org/summer-art-camp</a>
Creative Aging Agency	CAN Virtual Exhibition	Enjoy acrylic paintings by CAN-NC Board Chair and self-proclaimed "citizen artist" Nancy Lenk.	Anytime	All ages	<a href="https://youtu.be/-LxtFOZBTnc">https://youtu.be/-LxtFOZBTnc</a>
GreenHill	Virtual GreenHill	Engage in art-making at home and connect to our amazing community of North Carolina creators through Virtual GreenHill.	Anytime	All ages	<a href="https://www.greenhillinc.org/virtual-greenhill">https://www.greenhillinc.org/virtual-greenhill</a>
Greensboro Ballet	Dance Classes	Greensboro Ballet is offering various dance classes (Jazz, etc.) on its YouTube channel. Subscribe as they will be adding new classes!	Anytime	All ages	<a href="https://www.youtube.com/channel/UCGAduixQAS-StKWS8dwnW1A">https://www.youtube.com/channel/UCGAduixQAS-StKWS8dwnW1A</a>

# Greensboro At Home Arts & Creativity Guide



A partnership of Creative Greensboro and ArtsGreensboro, helping you stay connected with our local arts and culture community while at home! Published Monday to Friday afternoon on our social media channels.



Click here to submit your own virtual program.

Presenter's Name	Name of Virtual Experience	Short Description	When to Access	Age(s) Intended For	Webpage or URL Link for Content
Greensboro Downtown Parks	Online Workout/Dance Classes	Downtown parks created a blog for interactive videos. Topics include dance classes in several genres, exercise sessions, dog training, yoga classes, health classes and more.	Anytime	All ages	<a href="https://www.greensborodowntownparks.org/blog">https://www.greensborodowntownparks.org/blog</a>
Greensboro Public Library	Virtual Art Exhibit for Teens	Artists in grades 6-12 are invited to share your creative work with our community. We want to see your painting, sculptures, drawings, and more. Let your creativity shine.	Anytime	Grades 6-12	<a href="https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70016/5186">https://library.greensboro-nc.gov/Home/Components/Calendar/Event/70016/5186</a>
Mood Swingz	Live Oldies music (part 1)	We are performing a selection from the 50's and 60's for Retirement centers.	Anytime	All ages	<a href="https://www.youtube.com/watch?v=f9Ngj3oe2-A">https://www.youtube.com/watch?v=f9Ngj3oe2-A</a>
Mood Swingz	Live Oldies music (part 2)	We are performing a selection from the 50's and 60's for Retirement centers.	Anytime	All ages	<a href="https://www.youtube.com/watch?v=9APDDO2uc5o&amp;feature=youtu.be">https://www.youtube.com/watch?v=9APDDO2uc5o&amp;feature=youtu.be</a>
Music for a Great Space	Performances in Your Home - Jazz Piano, Bass, Saxophone, and Drumset	MGS commissioned our artists to present short performances in your home! These educational videos are meant for children and adults alike.	Anytime	All ages	<a href="http://www.musicforagreatspace.org/education">http://www.musicforagreatspace.org/education</a>
Royal Expressions Contemporary Ballet	Digital Dance Experience	Move and express with the Digital Dance Experience for ages 2 - adult. Classes, choreography, and fitness. (Paid program)	Anytime	All ages	<a href="https://royal-expressions.teachable.com/">https://royal-expressions.teachable.com/</a>
Shared Radiance Performing Arts Company	The Social Distancing Home Video Series	Shared Radiance actors, musicians and singers producing home video of monologues, scenes, and other features.	Anytime	All ages	<a href="https://www.youtube.com/channel/UCb9hOgQSAKGU9ijGAV8OoxA?view_as=subscriber">https://www.youtube.com/channel/UCb9hOgQSAKGU9ijGAV8OoxA?view_as=subscriber</a>
Theatre Art Galleries	TAG Teaches Online	Theatre Art Galleries (TAG) offers online art lessons for children & adults to enjoy from home. Daily Doodle & Daily Sketchbook activities posted M-F.	Anytime	All ages	<a href="http://tagart.org/">http://tagart.org/</a>

# Greensboro At Home Arts & Creativity Guide



A partnership of Creative Greensboro and ArtsGreensboro, helping you stay connected with our local arts and culture community while at home! Published Monday to Friday afternoon on our social media channels.



[Click here to submit your own virtual program.](#)

Presenter's Name	Name of Virtual Experience	Short Description	When to Access	Age(s) Intended For	Webpage or URL Link for Content
Triad Stage Learning Program	Jammin' Geometry: How to Make an Icosahedron	In this arts integration lesson you make your own Icosahedron with straws & fishing line. Craft your way to an understanding of patterns and geometry!	Anytime	Youth	<a href="https://youtu.be/GXDH0uWJxjo">https://youtu.be/GXDH0uWJxjo</a>
Triad Stage Learning Program	Puppetry Performance: Breath	A great hands on introduction to performing puppetry! You'll want a handkerchief or other pieces of fabric to create your puppets.	Anytime	Teens	<a href="https://www.youtube.com/watch?v=3LiLDeK1J2c&amp;t=510s">https://www.youtube.com/watch?v=3LiLDeK1J2c&amp;t=510s</a>
Triad Stage Learning Program	Playwriting for the Middle Grades	A series of workshops where students will develop playwriting skills to communicate conflict, plot, and character. Grades 4-8.	Anytime	Youth	<a href="https://www.youtube.com/playlist?list=PLliqY6QFzkIscNGbncSdaGpaOJUD77fci">https://www.youtube.com/playlist?list=PLliqY6QFzkIscNGbncSdaGpaOJUD77fci</a>
YMCA Camp Weaver	Blacksmithing 101	Join YMCA Camp Weaver's Program Director, Ryan Carr as he teaches the basic terminology of blacksmithing and demonstrates making a metal hook.	Anytime	All ages	<a href="https://youtu.be/0L9wB4JykXo">https://youtu.be/0L9wB4JykXo</a>